GAD-7 More than Over the last 2 weeks, how often have you Not Several Nearly half the been bothered by the following problems? at all days every day days (Use "~ " to indicate your answer) 1. Feeling nervous, anxious or on edge 0 1 2 3 2. Not being able to stop or control worrying 0 1 2 3 3. Worrying too much about different things 0 1 2 3 4. Trouble relaxing 0 2 1 3 5. Being so restless that it is hard to sit still 0 2 1 3 6. Becoming easily annoyed or irritable 0 2 1 З 7. Feeling afraid as if something awful 0 1 2 3 might happen (For office coding: Total Score T____ = ___ + ___)

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